



# YOUR NEXT STEP

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## FINDING THE RIGHT VOLUNTEER CHECKLIST

### Support from the Community

The right volunteer can make a big difference.  
Use this checklist to find someone you can trust.



#### 1. PURPOSE & NEEDS

- Clearly define what help is needed
- Decide how often support is required



*Start with a clear goal so the right person can help you best.*



#### 2. SCREENING

- Background or reference checks
- Trusted organization or referral
- Comfortable personality fit



*Choose someone you feel confident and comfortable with.*



#### 3. AVAILABILITY

- Matches your schedule
- Reliable and consistent



*Regular support makes a bigger impact.*



#### 4. ROLES & EXPECTATIONS

- Clear tasks (visits, errands, companionship)
- Boundaries are understood
- Respect and communication



*Clear expectations help build trust and a positive relationship.*



#### 5. ONGOING SUPPORT

- Check in regularly
- Provide feedback
- Show appreciation



*Ongoing support keeps everyone feeling valued.*



**Remember:** Volunteers give their time and care – your kindness and gratitude make it all worthwhile.



**Together, we build a stronger, caring community.**



**YOUR NEXT STEP**  
Resources for Life's Transitions

www.yournextstep.ca  
info@yournextstep.ca  
1-844-653-9876



*Helping Seniors and Families Make Confident Decisions for a Better Tomorrow.*