



MOVING TO A RETIREMENT HOME CHECKLIST

Simple Step-by-Step Guide

Planning ahead can make the transition easier and help you feel at home sooner.



1. GETTING STARTED

- Talk with family about needs and preferences
- Decide on location (close to family, city, etc.)
- Set a monthly budget



Good conversations today lead to better decisions tomorrow.



2. CHOOSING THE RIGHT HOME

- Visit 1-3 retirement homes in person
- Ask about:
 - Meals and dietary options
 - Medical care and staff availability
 - Activities and social programs
- Check cleanliness and overall atmosphere
- Ask what is included in the monthly cost



Take time to find a place that feels like home.



3. PAPERWORK & PLANNING

- Review and sign agreements carefully
- Organize important documents:
 - ID, health card, insurance
 - Medication list
- Update mailing address



Stay organized so nothing important is missed.



4. PREPARING TO MOVE

- Sort belongings (keep, donate, store)
- Pack personal comfort items:
 - Photos, blankets, favourite chair
- Label all boxes clearly



Bring the things that bring you comfort and joy.



5. MOVING DAY

- Confirm moving date and time
- Bring essentials (medications, documents)
- Ensure room is set up comfortably



A little planning today makes moving day smoother.



6. SETTLING IN

- Meet staff and neighbours
- Join activities
- Keep regular contact with family



New friendships and routines help you feel at home.



Remember: This is a new chapter—filled with new opportunities, friendships, and the support you deserve.



You're not just moving—you're moving forward.

