



YOUR NEXT STEP

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HOME SAFETY FOR SENIORS CHECKLIST

Stay Safe at Home

Simple safety changes can help prevent falls and accidents
and give you peace of mind every day.



1. WALKING AREAS

- Remove loose rugs and clutter
- Keep pathways clear
- Secure cords and wires



Clear spaces
help prevent
trips and falls.

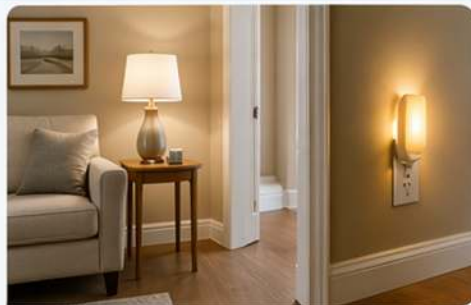


2. LIGHTING

- Add bright lighting in all rooms
- Install night lights in hallways and bathrooms



Good lighting
improves
visibility and
keeps you safe.



3. BATHROOM SAFETY

- Install grab bars
- Use non-slip mats
- Consider a shower chair



Small changes
can make a
big difference
in safety.



4. GENERAL SAFETY

- Test smoke detectors regularly
- Keep emergency numbers visible
- Store items within easy reach



Be prepared.
Safety today
brings peace
of mind.



Remember:

A safe home supports your independence
and helps you live life with confidence.



Your safety
is our priority.



YOUR NEXT STEP
Resources for Life's Transitions



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Helping Seniors and
Families Make Confident
Decisions for a Better
Tomorrow.